

Memoreal Anteunis 26: Session: 3: COACH evaluation sheet for TEAM: KZK

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ 08:45 The listed starttimes are indicative!

Coaches: Marquillie Martine HEADCOACH

Coaches: Duck Chantal

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 19: 200M BREASTSTROKE WOMEN 11-17							Heat:4, starttime: 09:13	
Heat: 4/9 Lane : 9 Athlete: ZEPHIRIN ASTRID							Q-time: 03:32:07	
PB (25m pool): 03:35.53 Ieper 05/01/2025				PB (50m pool): 03:32.07 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:49.38		01:45.06		no time		03:35.53
	00:49.38		00:55.68					
								

Coach feedback:

Event number: 19: 200M BREASTSTROKE WOMEN 11-17							Heat:7, starttime: 09:24	
Heat: 7/9 Lane : 5 Athlete: DUMORTIER ELISE							Q-time: 03:05:75	
PB (25m pool): 02:58.37 Brugge 04/10/2026				PB (50m pool): 03:05.96SB: 02:58.37 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.99		01:25.84		02:12.37		02:58.37
	00:39.99		00:45.85		00:46.53		00:46.00	
								

Coach feedback:

Event number: 19: 200M BREASTSTROKE WOMEN 11-17							Heat:9, starttime: 09:32	
Heat: 9/9 Lane : 8 Athlete: DECOUTERE IMANI							Q-time: 02:54:35	
PB (25m pool): 02:54.35 Sint-Amandsberg 19/10/2025				PB (50m pool): 02:59.07 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.42		01:23.66		02:08.96		02:54.35
	00:39.42		00:44.24		00:45.30		00:45.39	
								

Coach feedback:

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Event number: 20: 200M BREASTSTROKE MEN 11-17							Heat:1, starttime: 09:35	
Heat: 1/9 Lane : 2 Athlete: DECUPERE ALEX							Q-time: 99:99:99	
PB (25m pool): 02:54.25 Sint-Amandsberg 22/10/2023				PB (50m pool): 02:50.81 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:54.25
	no time							
								

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11-17							Heat:5, starttime: 09:53	
Heat: 5/9 Lane : 5 Athlete: VANDEMAELE JACOB							Q-time: 03:05:92	
PB (25m pool): 03:05.92 leper 05/01/2025				PB (50m pool): 03:25.72 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.38		01:30.31		no time		03:05.92
	00:42.38		00:47.93					
								

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11-17							Heat:6, starttime: 09:57	
Heat: 6/9 Lane : 5 Athlete: VANDEMAELE EGON							Q-time: 02:58:94	
PB (25m pool): 02:58.94 Meulebeke 10/05/2026				PB (50m pool): 03:15.00 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.39		01:26.59		no time		02:58.94
	00:40.39		00:46.20					
								

Coach feedback:

Event number: 21: 200M BACKSTROKE WOMEN 11-17							Heat:7, starttime: 10:36	
Heat: 7/11 Lane : 8 Athlete: VERVENNE LOUISA							Q-time: 02:46:35	
PB (25m pool): 02:46.35 Meulebeke 10/05/2026				PB (50m pool): 02:52.67 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.56		01:23.28		no time		02:46.35
	00:40.56		00:42.72					
								

Coach feedback:

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Event number: 21: 200M BACKSTROKE WOMEN 11-17							Heat:10, starttime: 10:46	
Heat: 10/11 Lane : 1 Athlete: DECUPERE LAURENCE							Q-time: 02:35:87	
PB (25m pool): 02:35.87 Temse 17/11/2025				PB (50m pool): 02:41.26 SB: 02:38.81 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.58		01:15.89		01:56.32		02:35.87
	00:36.58		00:39.31		00:40.43		00:39.55	
								

Coach feedback:

Event number: 21: 200M BACKSTROKE WOMEN 11-17							Heat:11, starttime: 10:50	
Heat: 11/11 Lane : 4 Athlete: DECOUTERE IMANI							Q-time: 02:20:50	
PB (25m pool): 02:20.50 Ettelbruck 19/04/2026				PB (50m pool): 02:25.85 SB: 02:22.20 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.91		01:08.08		01:44.34		02:20.50
	00:32.91		00:35.17		00:36.26		00:36.16	
								

Coach feedback:

Event number: 22: 200M BACKSTROKE MEN 11-17							Heat:7, starttime: 11:16	
Heat: 7/8 Lane : 5 Athlete: PICEU SEPPE							Q-time: 02:27:27	
PB (25m pool): 02:27.27 Sint-Amandsberg 19/10/2025				PB (50m pool): 02:29.84 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.70		01:12.76		01:50.84		02:27.27
	00:34.70		00:38.06		00:38.08		00:36.43	
								

Coach feedback:

Event number: 22: 200M BACKSTROKE MEN 11-17							Heat:7, starttime: 11:16	
Heat: 7/8 Lane : 9 Athlete: DE BAL LUCAS							Q-time: 02:31:55	
PB (25m pool): 02:31.55 Ettelbruck 19/04/2026				PB (50m pool): 02:31.56SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.73		01:14.14		01:53.38		02:31.55
	00:35.73		00:38.41		00:39.24		00:38.17	
								

Coach feedback:

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Event number: 22: 200M BACKSTROKE MEN 11-17							Heat:8, starttime: 11:19	
Heat: 8/8 Lane : 4 Athlete: DECUPERE ALEX							Q-time: 02:12:82	
PB (25m pool): 02:12.82 Ettelbruck 19/04/2026				PB (50m pool): 02:16.72SB: 02:15.21 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.41		01:05.21		01:39.00		02:12.82
	00:31.41		00:33.80		00:33.79		00:33.82	
								

Coach feedback:

Event number: 23: 200M BUTTERFLY WOMEN 11-17							Heat:1, starttime: 11:22	
Heat: 1/2 Lane : 2 Athlete: ROMBAUT CÉLINE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 23: 200M BUTTERFLY WOMEN 11-17							Heat:2, starttime: 11:26	
Heat: 2/2 Lane : 4 Athlete: FEYS FARAH							Q-time: 02:34:23	
PB (25m pool): 02:38.30 Diksmuide 12/10/2025				PB (50m pool): 02:34.23SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.14		01:13.42		01:55.22		02:38.30
	00:34.14		00:39.28		00:41.80		00:43.08	
								

Coach feedback:

Event number: 24: 200M BUTTERFLY MEN 11-17							Heat:2, starttime: 11:33	
Heat: 2/2 Lane : 4 Athlete: FEYS JONAH							Q-time: 02:16:55	
PB (25m pool): 02:16.55 Sint-Amandsberg 19/10/2025				PB (50m pool): 02:28.59SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:29.54		01:03.96		01:39.50		02:16.55
	00:29.54		00:34.42		00:35.54		00:37.05	
								

Coach feedback:

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Event number: 24: 200M BUTTERFLY MEN 11-17							Heat:2, starttime: 11:33	
Heat: 2/2 Lane : 6 Athlete: VANDEMAELE JACOB							Q-time: 02:31:02	
PB (25m pool): 02:31.02 Meulebeke 10/05/2026				PB (50m pool): 02:38.83 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.15		01:10.27		no time		02:31.02
	00:32.15		00:38.12					
								

Coach feedback:

Event number: 25: 200M FREESTYLE WOMEN 11-17							Heat:11, starttime: 12:10	
Heat: 11/19 Lane : 7 Athlete: DUMORTIER ELISE							Q-time: 02:30:01	
PB (25m pool): 02:30.01 Meulebeke 10/05/2026				PB (50m pool): 02:37.63 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.34		01:12.89		no time		02:30.01
	00:34.34		00:38.55					
								

Coach feedback:

Event number: 25: 200M FREESTYLE WOMEN 11-17							Heat:12, starttime: 12:13	
Heat: 12/19 Lane : 5 Athlete: ZEPHIRIN ASTRID							Q-time: 02:26:59	
PB (25m pool): 02:24.76 Brugge 04/10/2026				PB (50m pool): 02:27.55SB: 02:24.76 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.40		01:10.82		01:48.62		02:24.76
	00:33.40		00:37.42		00:37.80		00:36.14	
								

Coach feedback:

Event number: 25: 200M FREESTYLE WOMEN 11-17							Heat:13, starttime: 12:16	
Heat: 13/19 Lane : 2 Athlete: VERVENNE LOUISA							Q-time: 02:25:53	
PB (25m pool): 02:21.52 Brugge 04/10/2026				PB (50m pool): 02:25.88SB: 02:21.52 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.07		01:08.11		01:45.21		02:21.52
	00:32.07		00:36.04		00:37.10		00:36.31	
								

Coach feedback:

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Event number: 25: 200M FREESTYLE WOMEN 11-17							Heat:14, starttime: 12:19	
Heat: 14/19 Lane : 9 Athlete: ROMBAUT CéLINE							Q-time: 02:24:21	
PB (25m pool): 02:24.21 Ettelbruck 19/04/2026				PB (50m pool): 02:25.28SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.84		01:10.19		01:47.36		02:24.21
	00:33.84		00:36.35		00:37.17		00:36.85	
								

Coach feedback:

Event number: 25: 200M FREESTYLE WOMEN 11-17							Heat:17, starttime: 12:27	
Heat: 17/19 Lane : 2 Athlete: DECUPERE LAURENCE							Q-time: 02:16:63	
PB (25m pool): 02:16.63 Ettelbruck 19/04/2026				PB (50m pool): 02:20.39SB: 02:19.62 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.42		01:06.03		01:41.69		02:16.63
	00:31.42		00:34.61		00:35.66		00:34.94	
								

Coach feedback:

Event number: 25: 200M FREESTYLE WOMEN 11-17							Heat:17, starttime: 12:27	
Heat: 17/19 Lane : 6 Athlete: FEYS FARAH							Q-time: 02:16:09	
PB (25m pool): 02:16.09 Temse 17/11/2025				PB (50m pool): 02:19.57 SB: 02:16.53 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.42		01:06.03		01:41.66		02:16.09
	00:31.42		00:34.61		00:35.63		00:34.43	
								

Coach feedback:

Event number: 25: 200M FREESTYLE WOMEN 11-17							Heat:19, starttime: 12:33	
Heat: 19/19 Lane : 2 Athlete: DECOUTERE IMANI							Q-time: 02:10:39	
PB (25m pool): 02:10.39 Ettelbruck 20/04/2025				PB (50m pool): 02:15.87 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.37		01:03.24		01:36.78		02:10.39
	00:30.37		00:32.87		00:33.54		00:33.61	
								

Coach feedback:

Memoreal Anteunis 26: Session: 3: COACH evaluation sheet for TEAM: KZK

Event number: 26: 200M FREESTYLE MEN 11-17							Heat:3, starttime: 12:43	
Heat: 3/16 Lane : 7 Athlete: DECOCK CERIEL							Q-time: 02:51:68	
PB (25m pool): 02:51.68 DIKSMUIDE 30/11/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.43		01:26.97		02:12.25		02:51.68
	00:41.43		00:45.54		00:45.28		00:39.43	
								

Coach feedback:

Event number: 26: 200M FREESTYLE MEN 11-17							Heat:11, starttime: 13:07	
Heat: 11/16 Lane : 0 Athlete: VANDEMAELE EGON							Q-time: 02:16:74	
PB (25m pool): 02:15.88 Brugge 04/10/2026				PB (50m pool): 02:19.47 SB: 02:15.88 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.04		01:05.66		01:41.59		02:15.88
	00:31.04		00:34.62		00:35.93		00:34.29	
								

Coach feedback:

Event number: 26: 200M FREESTYLE MEN 11-17							Heat:12, starttime: 13:09	
Heat: 12/16 Lane : 6 Athlete: PICEU SEPPE							Q-time: 02:12:88	
PB (25m pool): 02:12.88 Temse 17/11/2025				PB (50m pool): 02:16.05 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.56		01:05.09		01:39.33		02:12.88
	00:30.56		00:34.53		00:34.24		00:33.55	
								

Coach feedback:

Event number: 26: 200M FREESTYLE MEN 11-17							Heat:12, starttime: 13:09	
Heat: 12/16 Lane : 8 Athlete: DE BAL LUCAS							Q-time: 02:13:96	
PB (25m pool): 02:20.66 Temse 17/11/2025				PB (50m pool): 02:13.96 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.26		01:07.02		01:44.58		02:20.66
	00:31.26		00:35.76		00:37.56		00:36.08	
								

Coach feedback:

Memoreal Anteunis 26: Session: 3: COACH evaluation sheet for TEAM: KZK

Event number: 26: 200M FREESTYLE MEN 11-17							Heat:16, starttime: 13:20	
Heat: 16/16 Lane : 3 Athlete: DECUPERE ALEX							Q-time: 01:58:48	
PB (25m pool): 01:57.57 Brugge 04/10/2026				PB (50m pool): 02:00.47 SB: 01:57.57 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:26.67		00:56.93		01:27.83		01:57.57
	00:26.67		00:30.26		00:30.90		00:29.74	
								

Coach feedback: